



# Alaska Sea Kayaking Symposium

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On the Internet: [www.aksks.org](http://www.aksks.org)

## Class Descriptions - Intermediates

The Alaska Sea Kayaking Symposium offers students instruction both on the water and in the classroom. The following class descriptions should give you a better idea of what will be covered. If you would like to get a head start in learning about sea kayaking, look for a complete Bibliography in the Sea Kayakers Resource Manual in your student dry bag that you will receive at registration.

**Format:** You will be assigned to a group of 7 people and one instructor. This will be your group for all water classes throughout the weekend. Each group will receive instruction during five kayaking sessions. The schedule for each group of students will vary in order to accommodate all of our participants. Pool sessions will include additional instructors. Many groups will meet together for the land classes. PLEASE be 5-10 minutes early so we can get started without delays!

**Location:** Pool sessions will be held at APU's Moseley pool and UAA's pool. All lake paddling sessions are at University Lake or Goose Lake. Park at the Moseley Sports Center or the Atwood Center parking lots for all events. You will need to get yourself to Goose Lake and back to APU Sunday morning. You can drive yourself to and from UAA pool or take the shuttle in front of Moseley ten minutes before the start of your session.

### Water Classes Curriculum

**Pool Session 1:** We will begin by sorting 21 people into groups of 7 each. Skill level and expectations will be the driving criteria. Participants will practice paddling strokes such as draws, sculling, braces and wet exits. This class will be held at Moseley Pool after the Symposium registration and orientation.

**Pool Session 2:** Two more hours spent in the pool learning and practicing re-entries, righting yourself without exiting your boat, and strokes to control your boat.

**Pool Session 3:** Practice, Practice, Practice. Fine tune what you feel you need help with.

**Lake Session: Re-entry practice:** Learning and practicing wet exits, assisted rescues, self-rescues and using rescue devices. Practice how to right yourself without exiting your boat. Only this time in a little more realistic environment - the cold waters of a lake! Drysuit or a wetsuit is required. Randy Knauff, Wilderness Adventures: has a few dry suits available for rent and purchase. \$20 for the weekend plus any damage or repair. Contact him at 346-8376 or better yet email him at [randykn@ak.net](mailto:randykn@ak.net).

**Boat Demonstrations:** Here is your chance to try various models of boats, paddles and spray skirts and more; provided by local merchants and outfitters. Representatives will be on hand to answer questions.

**Land Classes** (Lecture Series):

Your name tag must be visible upon entering each presentation.

**Core classes:** Recommended classes for Intermediate Symposium Participants:

Navigation, Cold Water Immersion, Emergency Equipment and Signals, and Wind, Weather & Waves.

In addition, there are many other optional classes scheduled throughout the day. Attend the lectures of your choice! Many speakers will provide handouts and augment their classes with slides and demonstrations in order to keep the information interesting and fun.

Our instructors can help you fine tune and enhance your abilities. If you know you need adaptive equipment because of size or lack of strength please let us know asap.

Have a great time this weekend and a safe Summer paddling in Alaska!

If you have any questions please contact Corey Aist (907) 275-PADL or email [coordinator@aksks.org](mailto:coordinator@aksks.org).